

SIMPLICITY LUNCH MENU AUTUMN 2010

W/C 1ST NOV - COST £2.20 PER DAY

Please return this section to School Office
no later than 09.00am on Monday 18TH OCTOBER.

Child's Name.....Class.....Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	INSET DAY	Breaded Fish with Jacket Wedges	Roast Chicken Breast & Gravy with Mashed Potatoes	Turkey Meatballs with Pasta	◦* Ham & Tomato Bake with Herby Potatoes
VEGETARIAN	INSET DAY	◦ Cheese & Potato Pie with Jacket Wedges	Vegetarian Sausages & Gravy with Mashed Potato	◦ Spinach & Tomato Pizza with Pasta	◊ Omelette with Herby Potatoes
JACKET POTATO	INSET DAY	Mince Bolognaise (H)	◦ Margarita (H)	Tuna Mayonnaise	◦ Cheese
VEGETABLES	INSET DAY	Baked Beans	Seasonal Vegetables	Mixed Salad	Seasonal Vegetables
DESSERT	INSET DAY	Banana Brownie or Fresh Fruit	Fromage Frais or Fresh Fruit	Sticky Syrup & Cinnamon Sponge with Custard or Fresh Fruit	Mixed Fruit Crumble with Custard or Fresh Fruit




SIMPLICITY LUNCH MENU AUTUMN 2010

W/C 8TH NOV - COST £2.20 PER DAY

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Child's Name.....Class.....Amount enclosed £.....

	MON FIREWORKS MENU	TUES	WED	THURS	FRI
MAIN	Pork Sausage in a Jumbo Roll with Jacket Wedges	Salmon Fillet & Parsley Sauce (served separately) & Diced Potatoes	Chicken Provençal with Rice	Roast Beef with Jacket Wedges	Pepperoni Pizza with Pasta
VEGETARIAN	Vegetarian Sausage in a Jumbo Roll with Jacket Wedges	◦ Baked Bean Lasagne with Diced Potatoes	Quorn & Sweet Potato Curry with Rice	Butter Bean Ragu with Jacket Wedges	Vegetable Grill with Pasta
JACKET POTATO	BBQ Beans (H)	Mince Bolognaise (H)	BBQ Beans (H)	◦ Cheese	◦ Wholemeal Spaghetti Hoops & Cheese (H)
VEGETABLES	Mixed Salad	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Mixed Salad
DESSERT	Treacle Toffee Shortbread or Fresh Fruit	Apple & Oat Cookie or Fresh Fruit	Apple Crumble with Custard or Fresh Fruit	Fromage Frais or Fresh Fruit	Jam & Coconut Sponge with Custard or Fresh Fruit

SIMPLICITY LUNCH MENU AUTUMN 2010

W/C 15TH NOV - COST £2.20 PER DAY

Please return this section to School Office no later than
09.00am on Monday of the preceding week.

Child's Name..... Class.... Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	Turkey & Sage Pie with New Potatoes	°*Sausages with Mashed Potato	**Fish Cakes with Diced Potatoes	Chicken Curry with Rice	*Roast Pork with New Potatoes
VEGETARIAN	° Creamy Vegetable Stack with New Potatoes	Country Garden Hot Pot with Mashed Potato	° Ratatouille & Spinach Lasagne with Diced Potatoes	Hearty Bean Casserole with Rice	Baked Bean Pizza with New Potatoes
JACKET POTATO	Tuna Mayonnaise	°Cheese	Mince Bolognaise (H)	Baked Beans (H)	° Margarita (H)
VEGETABLES	Seasonal Vegetables	Baked Beans	Mixed Salad	Seasonal Vegetables	Seasonal Vegetables
DESSERT	Chocolate Muffin or Fresh Fruit	Muller Corner or Fresh Fruit	Strawberry Rice Pudding or Fresh Fruit	Mixed Fruit Sponge with Chocolate Custard or Fresh Fruit	Fruit Brownie or Fresh Fruit

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SIMPLICITY LUNCH MENU AUTUMN 2010

W/C 22ND NOV - COST £2.20 PER DAY

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09.00am on Monday of the preceding week.

Child's Name..... Class.... Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	° Lasagne with Garlic Bread	Breaded Fish with Jacket Wedges	Roast Chicken Breast & Gravy with Mashed Potatoes	Turkey Meatballs with Pasta	°* Ham & Tomato Bake with Herby Potatoes
VEGETARIAN	Vegetarian Cottage Pie with Garlic Bread	° Cheese & Potato Pie with Jacket Wedges	Vegetarian Sausages & Gravy with Mashed Potato	° Spinach & Tomato Pizza with Pasta	◇ Omelette with Herby Potatoes
JACKET POTATO	° Wholemeal Spaghetti Hoops & Cheese (H)	Mince Bolognaise (H)	° Margarita (H)	Tuna Mayonnaise	° Cheese
VEGETABLES	Seasonal Vegetables	Baked Beans	Seasonal Vegetables	Mixed Salad	Seasonal Vegetables
DESSERT	Custard Cookie or Fresh Fruit	Banana Brownie or Fresh Fruit	Fromage Frais or Fresh Fruit	Sticky Syrup & Cinnamon Sponge with Custard or Fresh Fruit	Mixed Fruit Crumble with Custard or Fresh Fruit

SIMPLICITY LUNCH MENU AUTUMN 2010

W/C 29TH NOV - COST £2.20 PER DAY

Please return this section to School Office no later than
09.00am on Monday of the preceding week.

Child's Name..... Class.... Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	Beef Pasta Bolognese with Garlic Bread	Salmon Fillet & Parsley Sauce (served separate) with Diced Potatoes	Chicken Provencal with Rice	Roast Beef with Jacket Wedges	NO HOT DINNERS
VEGETARIAN	° Cheese & Tomato Bake with Garlic Bread	° Baked Bean Lasagne with Diced Potatoes	Quorn & Sweet Potato Curry with Rice	Butter Bean Ragù with Jacket Wedges	FRIENDS OF SCHOOL HOT DOG DAY
JACKET POTATO	Baked Beans (H)	Mince Bolognese (H)	BBQ Beans (H)	° Cheese	DETAILS TO FOLLOW
VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	FRIENDS OF SCHOOL HOT DOG DAY
DESSERT	Yoghurt or Fresh Fruit	Apple & Oat Cookie or Fresh Fruit	Apple Crumble with Custard or Fresh Fruit	Fromage Frais or Fresh Fruit	DETAILS TO FOLLOW

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SIMPLICITY LUNCH MENU AUTUMN 2010

W/C 6TH DEC - COST £2.20 PER DAY

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09.00am on Monday of the preceding week.

Child's Name..... Class.... Amount enclosed £.....



	MON	TUES	WED	THURS	FRI
MAIN	Turkey & Sage Pie with New Potatoes	°* Sausages with Mashed Potato	** Fish Cakes with Diced Potatoes	Chicken Curry with Rice	* Roast Pork with New Potatoes
VEGETARIAN	° Creamy Vegetable Stack with New Potatoes	Country Garden Hot Pot with Mashed Potato	° Ratatouille & Spinach Lasagne with Diced Potatoes	Hearty Bean Casserole with Rice	Baked Bean Pizza with New Potatoes
JACKET POTATO	Tuna Mayonnaise	° Cheese	Mince Bolognese (H)	Baked Beans (H)	° Margarita (H)
VEGETABLES	Seasonal Vegetables	Baked Beans	Mixed Salad	Seasonal Vegetables	Seasonal Vegetables
DESSERT	Chocolate Muffin or Fresh Fruit	Muller Corner or Fresh Fruit	Strawberry Rice Pudding or Fresh Fruit	Mixed Fruit Sponge with Chocolate Custard or Fresh Fruit	Fruit Brownie or Fresh Fruit

SIMPLICITY LUNCH MENU AUTUMN 2010

W/C 13TH DEC - COST £2.20 PER DAY

Please return this section to School Office no later than
09.00am on Monday of the preceding week.

Child's Name.....Class.... Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	○ Lasagne with Garlic Bread	CHRISTMAS MENU DETAILS BELOW	CHRISTMAS MENU DETAILS BELOW	NO HOT DINNERS	○* Ham & Tomato Bake with Herby Potatoes
VEGETARIAN	Vegetarian Cottage Pie with Garlic Bread	HOT KS1	HOT KS2	BRING A PACKED LUNCH	◇ Omelette with Herby Potatoes
JACKET POTATO	○ Wholemeal Spaghetti Hoops & Cheese (H)	COLD KS2	COLD KS1	IT'S PANTO DAY	○ Cheese
VEGETABLES	Seasonal Vegetables	SEE SEPERATE SHEET	SEE SEPERATE SHEET	OH NO IT ISN'T	Seasonal Vegetables
DESSERT	Custard Cookie or Fresh Fruit			OH YES IT IS!!!	Mixed Fruit Crumble with Custard or Fresh Fruit

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FRESHLY BAKED BREAD AVAILABLE DAILY

(S) Served with portion of Sunflower Spread (V) Vegetarian (*) Pork Product (H) Hot Topping



◇ Free Range Eggs (o)

******This product comes from a fishery which has been certified to the Marine Stewardship Council's environmental standard for a well managed and sustainable fishery


To ensure quality of dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.

SIMPLICITY LUNCH MENU AUTUMN 2010

CHRISTMAS DINNER ORDER - COST £2.20 PER DAY

Please return this section to School Office no later than
09.00am on Monday 6th December.

Child's Name.....Class.... Amount enclosed £.....

	TUES 14 th DEC	WED 15 th DEC
	<u>CLASSES F - 2 ONLY</u>	<u>CLASSES 3-6 ONLY</u>
HOT CHRISTMAS DINNER	Roast Turkey with Chipolata & Stuffing	Roast Turkey with Chipolata & Stuffing
VEGETARIAN CHRISTMAS DINNER	Broccoli & Roasted Vegetables with Penne Verde topped with Ricotta & Cranberry	Broccoli & Roasted Vegetables with Penne Verde topped with Ricotta & Cranberry
VEGETABLES	Roast Potatoes, Baton Carrots, Garden Peas & Gravy	Roast Potatoes, Baton Carrots, Garden Peas & Gravy
DESSERT	Snowball Cake or Mince Pie	Snowball Cake or Mince Pie
	<u>CLASSES 3-6 ONLY</u>	<u>CLASSES F-2 ONLY</u>
COLD SEASONAL BUFFET	Sausage Roll	Sausage Roll
VEGETARIAN SEASONAL BUFFET	Cheese & Onion Roll	Cheese & Onion Roll
EACH SERVED WITH	Cheese Portion, Potato Crisps, Bread Twist & Crudities	Cheese Portion, Potato Crisps, Bread Twist & Crudities
DESSERT	Christmas Cake Or Satsuma	Christmas Cake Or Satsuma

Fruit Squash will be supplied on both days and Hats will be supplied for the Hot Christmas Meal.