

SIMPLICITY LUNCH MENU SPRING 2012

W/C 20TH FEBRUARY - £2.35 PER DAY

PLEASE RETURN THIS SECTION TO SCHOOL OFFICE
NO LATER THAN 09.00AM ON MONDAY 6TH FEBRUARY

Child's Name.....Class.... Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	Spaghetti Bolognaise with Garlic Bread	Roast Beef with Mashed Potatoes	Chicken Korma with Rice	**Fish Fingers with Jacket Wedges	100% Beef Burger with Oven Chips
VEGETARIAN	Baked Bean o Lasagne with Garlic Bread	Vegetarian Sausage Casserole with Mashed Potatoes	Butter Bean Ragu with Rice	Spinach & Tomato Pizza with Jacket Wedges	o Cheese & Leek Pie with Oven Chips
JACKET POTATO	o Grated Cheese (V)	Baked Beans (V)(H)	o Grated Cheese (V)	Creamy Salmon (H)	Coleslaw (V)
VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
DESSERT	Chocolate Cookie	Pancakes with Fruity Sauce	Date & Treacle Sponge with Custard	Lemon Drizzle Sponge with Custard	Yoghurt

To ensure quality of dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.



SIMPLICITY LUNCH MENU SPRING 2012

W/C 27TH FEBRUARY - £2.35 PER DAY

PLEASE RETURN THIS SECTION TO SCHOOL OFFICE
NO LATER THAN 09.00AM ON MONDAY 20TH FEBRUARY

Child's Name.....Class.... Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	Turkey Meatballs with Pasta	o * Sausages with Mashed Potatoes	Roast Turkey with Roast Potatoes	o Lasagne with Garlic Bread	**Fish Fingers with Diced Potatoes
VEGETARIAN	Vegetable Bolognaise (made with Quorn) with Pasta	Vegetable Grill with Mashed Potatoes	Vegetable Sausages with Roast Potatoes	o Vegetarian Cowboy Pie with Garlic Bread (sausages & beans topped with Cheesy Mashed Potato)	Sweet Potato & Chick Pea Curry With Diced Potatoes
JACKET POTATO	Wholemeal Spaghetti Hoops & Cheese (V)(H)	Coleslaw (v)	o Grated Cheese (v)	BBQ Chicken & Sweetcorn (H)	Baked Beans (V)(H)
VEGETABLES	Seasonal Vegetables	Baked Beans	Seasonal Vegetables	Crunchy Salad	Seasonal Vegetables
DESSERT	Apple & Peach Slice	Yoghurt	Strawberry Rice Pudding	Lemon Crunch	Ample Crumble with Custard

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SIMPLICITY LUNCH MENU SPRING 2012

W/C 5TH MARCH - £2.35 PER DAY

PLEASE RETURN THIS SECTION TO SCHOOL OFFICE
NO LATER THAN 09.00AM ON MONDAY 27TH FEBRUARY

Child's Name.....Class....Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	Minced Beef & Cheese Pizza with herby potatoes	Turkey & Sage Pie with New Potatoes	**Fish Cakes with Oven Chips	Chicken Curry With Rice	*Baked Ham with Jacket Wedges
VEGETARIAN	o Cheese & Tomato ◇Omelette with New Potatoes	Vegetable oLasagne with New Potatoes	Quorn Burger with Oven Chips	Hearty Bean Casserole with Rice	Cheese & Tomato Pizza with Jacket Wedges
JACKET POTATO	Tuna Mayonnaise	Wholemeal Spaghetti Hoops & Cheese (V)(H)	Chicken & Sweetcorn Mayonnaise	o Grated Cheese (v)	Creamy Salmon (H)
VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
DESSERT	Golden Flapjack	Sticky Toffee & Treacle Pudding With Custard	Yoghurt	Vanilla Sponge with Chocolate Custard	Pancakes with Fruity Sauce

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SIMPLICITY LUNCH MENU SPRING 2012

W/C 12TH MARCH - £2.35 PER DAY

PLEASE RETURN THIS SECTION TO SCHOOL OFFICE
NO LATER THAN 09.00AM ON MONDAY 5TH MARCH

Child's Name.....Class....Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	Beef Bolognese with Pasta	**Breaded Fish with Diced Potatoes	Roast Chicken with New Potatoes	Pepperoni Pizza with Jacket Wedges	*Sausages With Mashed Potatoes
VEGETARIAN	Vegetarian Bolognese with Pasta	Vegetarian Sausage Bake with Diced Potatoes	Creamy Vegetable Hot Pot with New Potatoes	Vegetarian Spaghetti Bolognese (made with Soya) with Jacket Wedges	o Cheesy◇Omelette with Mashed Potatoes
JACKET POTATO	Tex Mex Beans (V)(H)	BBQ Chicken & Sweetcorn (H)	Wholemeal Spaghetti Hoops & o Cheese (V)(H)	Tuna & Sweetcorn Mayonnaise	Coleslaw (V)
VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Crunchy Salad	Baked Beans
DESSERT	Cornflake Crunch	Chocolate Mixed Fruit Sponge with Custard	Cheese, Crackers & Grapes	Apple & Blackberry Crumble with Custard	Yoghurt

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SIMPLICITY LUNCH MENU SPRING 2012

W/C 19TH MARCH - £2.35 PER DAY

PLEASE RETURN THIS SECTION TO SCHOOL OFFICE

NO LATER THAN 09.00AM ON MONDAY 12TH MARCH

Child's Name.....Class.... Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	Spaghetti Bolognaise with Garlic Bread	Roast Beef with Mashed Potatoes	Chicken Korma with Rice	**Fish Fingers with Jacket Wedges	100% Beef Burger with Oven Chips
VEGETARIAN	Baked Bean o Lasagne with Garlic Bread	Vegetarian Sausage Casserole with Mashed Potatoes	Butter Bean Ragu with Rice	Spinach & Tomato Pizza with Jacket Wedges	o Cheese & Leek Pie With Oven Chips
JACKET POTATO	o Grated Cheese (V)	Baked Beans (V)(H)	o Grated Cheese (V)	Creamy Salmon (H)	Coleslaw (V)
VEGETABLES	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
DESSERT	Chocolate Cookie	Pancakes with Fruity Sauce	Date & Treacle Sponge with Custard	Lemon Drizzle Sponge with Custard	Yoghurt

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SIMPLICITY LUNCH MENU SPRING 2012

W/C 26TH MARCH - £2.35 PER DAY

PLEASE RETURN THIS SECTION TO SCHOOL OFFICE

NO LATER THAN 09.00AM ON MONDAY 19TH MARCH


Child's Name.....Class.... Amount enclosed £.....

	MON	TUES	WED	THURS	FRI
MAIN	Turkey Meatballs with Pasta	o * Sausages with Mashed Potatoes	Roast Turkey with Roast Potatoes	o Lasagne with Garlic Bread	**Fish Fingers with Diced Potatoes
VEGETARIAN	Vegetable Bolognaise (made with Quorn) with Pasta	Vegetable Grill with Mashed Potatoes	Vegetable Sausages with Roast Potatoes	o Vegetarian Cowboy Pie with Garlic Bread (sausages & beans topped with Cheesy Mashed Potato)	Sweet Potato & Chick Pea Curry With Diced Potatoes
JACKET POTATO	Wholemeal Spaghetti Hoops & Cheese (V)(H)	Coleslaw (v)	o Grated Cheese (v)	BBQ Chicken & Sweetcorn (H)	Baked Beans (V)(H)
VEGETABLES	Seasonal Vegetables	Baked Beans	Seasonal Vegetables	Crunchy Salad	Seasonal Vegetables
DESSERT	Apple & Peach Slice	Yoghurt	Strawberry Rice Pudding	Lemon Crunch	Ample Crumble with Custard

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FRESHLY BAKED BREAD AVAILABLE DAILY

(S) Served with portion of Sunflower Spread (V) Vegetarian (*) Pork Product (H) Hot Topping

◇ Free Range Eggs (o) 

******This product comes from a fishery which has been certified to the Marine Stewardship Council's environmental standard for a well managed and sustainable fishery

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